



MY Meds

Medication Assistance and Health Ministry for the Toe River Valley



MY Meds Volunteer Board



MY Meds assists with

- Securing needed prescription medications for those with modest incomes and no prescription insurance
- Reviewing and choosing a Medicare prescription plan
- Linking clients with community resources to improve their quality of life
- Providing education that equips individuals to better manage their chronic diseases
- Dealing with the demands of being a caregiver

MY Meds is a local non-profit ministry whose mission is to embrace its neighbors in need with love and compassion. For more information, call our office in Spruce Pine at (828)766-6337.

"We worked hard all our lives, but our medication cost two-thirds of what we made. My wife and I didn't know what to do, but we knew that God had always provided and we should trust him. He sent us to you." - MY Meds Client

Ways to Support MY Meds

Pray

This faith-based ministry welcomes your prayers as we reach out to our neighbors in need with open hearts and hands.

Volunteer

Each year, dedicated volunteers and staff invest over 5,000 hours in the work of MY Meds. Volunteers are crucial to the success of this ministry.

Give

For every dollar invested in MY Meds, \$18 is returned to the community. Checks may be made payable to MY Meds and mailed to the address below:

MY Meds
PO Box 892
Spruce Pine, NC 28777

MY Meds is a tax-deductible ministry in partnership with LifeMinistries LLC, a subsidiary of Givens Estates United Methodist Retirement Community. Givens is a non-profit 501(c)(3) organization.

MY Meds Supporters

We are grateful to the following for their partnership* with us in ministry!

Churches

Bakersville United Methodist Church
Emmanuel Baptist Church
First Baptist Church, Spruce Pine
First Presbyterian Church, Burnsville
First Presbyterian Church, Spruce Pine
Grassy Creek Presbyterian Church
Higgins Memorial United Methodist Church
Laurel Branch Baptist Church
Ledger Baptist Church
Middle District Freewill Baptist Church
Newdale Presbyterian Church
Odoms Chapel Freewill Baptist Church
Spruce Pine United Methodist Church
St. Thomas Episcopal Church
The Church of the Resurrection

Businesses/Organizations

Community Care of Western North Carolina
IBM
Knights of Columbus
Mountain Air Residents' Community Fund
Mitchell County Farm Bureau
NC Health and Wellness Trust Fund Commission
NC Office of Rural Health and Community Care
NC Farm Bureau
Samuel L. Phillips Family Foundation
T.F. Trust
The U.S. Charitable Gift Trust

We are also grateful to the many individuals who have generously supported MY Meds through their time and financial contributions.

**Total giving level of \$250 or more for the year 2011 at time of publication (12/31/11).*

MY Meds

*Caring for our neighbors
in the Toe River Valley*

*A faith-based medication and
health resource ministry*

